



# FREE! DAILY PHONE CALL

To learn more about life-saving Sunshine calls... **Dial 2-1-1 Today!**



**“Hello Sarah, Sunshine calling!”**

## SENIOR GUIDE TO COMMUNITY SERVICES- INDIAN RIVER COUNTY

MEDICAL EMERGENCY	9-1-1	MENTAL HEALTH CRISIS	2-1-1
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### ABUSE- ELDER & DOMESTIC

Abuse Hotline- Florida	(800) 962-2873
Long-Term Care Ombudsman	(888) 831-0404
SafeSpace	(772) 288-7023
Victim’s Assistance- DV/abuse/sexual assault	(772) 978-6255

### ADULT DAYCARE/RESPITE/ CAREGIVER SUPPORT

Alzheimer’s/Parkinson’s Association of IRC	(772) 563-0505
Senior Resource Association	(772) 569-0760
VNA-Visiting Nurses Association/Hospice	(772) 567-5551

### ALZHEIMER'S DISEASE

Alzheimer’s Association 24-hour helpline	(800) 272-3900
Alzheimer’s/Parkinson’s Association of IRC	(772) 563-0505

### CONSUMER/FRAUD/SAFETY-Don’t Become A Victim!

Condo Ombudsman	(954) 202-3234
Florida Division of Consumer Services	(800) 435-7352
IRC Sheriffs Crime Victim’s Assistance	(772) 978-6255
Seniors vs. Crime	(800) 203-3099

### COUNSELING- CREDIT /MONEY MGT

Consolidated Credit Counseling Services	(800) 210-3481
Credit Confidant	(772) 713-6478
Debt Management Credit Counseling Corp	(866) 618-3328

### COUNSELING/ MENTAL HEALTH

211Crisis Intervention & Suicide Hotline	2-1-1
Behavioral Health Center at IRMC	(772) 563-4666
Legacy Behavioral Health	(772) 257-5264
Mental Health Association of IRC	(772) 569-9788
National Alliance on Mental Illness (NAMI)	(772) 532-5554
New Horizons of the Treasure Coast	(772) 778-7217
Sequel Care	(772) 492-9841
Suncoast Mental Health Center	(772) 564-8616
TC Community Health	(772) 257-8224
UF Center for Psychiatry & Addiction	(772) 794-0179
Whole Family Health- Behavioral Health	(772) 492-3427
Women’s Refuge of Vero Beach	(772) 770-4424

### DISABILITY SERVICES

Agency for Persons with Disabilities-Area 15	(772) 468-4080
Deaf & Hard of Hearing Services	(772) 334-2233
Disability Rights Florid	(800) 342-0823
Gulfstream Goodwill Rehabilitation Ctr.	(772) 299-4460
The ARC of IRC	(772) 562-6854

### EDUCATION- ADULT

Adult Education IRC	(772) 564-4970
Literacy Services Indian River County	(772) 778-2223
Indian River State College	(772) 462-7401

### EMPLOYMENT- ELDER

AARP Foundation SCSEP (Sr. Employment IRC)	(772) 217-2509
CareerSource	(866) 482-4473
The ARC- people with disabilities (ext.231)	(772) 562-6854
Vocational Rehabilitation Program	(772) 778-6348

### FINANCIAL/ASSISTANCE-info on local providers 2-1-1

### FOOD Pantries/Meal Sites/\*Food Stamp Help 2-1-1

Fellsmere Community Ctr- meal site/pantry*	(772) 571-0031
Food Pantry of IRC	(772) 770-2068
Meals on Wheels (SRA)	(772) 569-0760
Our Father’s Table- Gifford meal site	(772) 562-6268
Senior Resource Assn- congregate meal sites	(772) 569-0760
St. Vincent de Paul- Food Stamps/pantry*	(772) 589-3338
The Lord’s Table- Fellsmere meal site	(978) 888-3217
The Source- Vero Beach meal site/pantry	(772) 564-0202
United Against Poverty-Cost Share Grocery	(772) 770-2665
United Against Poverty one time crisis food*	(772) 564-9365

### FORECLOSURE CONCERNS 2-1-1

### GOVERNMENT

City of Fellsmere	(772) 571-0116
City of Sebastian, City Council	(772) 589-5330
City of Vero Beach, City Hall	(772) 978-5151
IRC County Administration	(772) 567-8000
Town of Indian River Shores	(772) 231-1771



Sunshine is a free program of 211, your community helpline and crisis hotline. 211 also recognizes the support of community partners including: The Senior Resource Association, United Way of IRC and the IRC Sheriff’s Office. Calls to 211 are free, confidential and 24/7. Also visit [www.211treasurecoast.org](http://www.211treasurecoast.org)



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## HEALTH CLINICS & HOSPITALS

FL Department of Health IRC	(772) 794-7400
Indian River Medical Center	(772) 567-4311
Sebastian River Medical Center	(772) 589-3186
TC Community Health	(772) 257-8224
VNA-Visiting Nurses Association Mobile Unit	(772) 567-5551
Whole Family Health Center	(772) 257-5785

## HEALTH-PHYSICAL THERAPY/REHAB

Advanced Motion Therapeutic	(772) 567-8585
Consulate Health Care of Vero Beach	(772) 569-5107
HealthSouth TC Rehabilitative Hospital	(772) 778-2100
Palm Garden of Vero Beach	(772) 567-2443
Sunshine Physical Therapy Clinic	(772) 562-6877

## HEALTH & WELLNESS/RECREATION

Fellsmere Community Center	(772) 646-6316
IRC Recreation Department	(772) 226-1732
Sebastian Community Center	(772) 589-1009
Vero Beach Leisure Square Fitness Ctr	(772) 770-6500
Vero Beach Recreation Department	(772) 567-2144

## HOUSING-ASSISTED LIVING & HOUSING NEEDS

Brookdale Sr. Living/Clare Bridge Cottage	(772) 569-4600
By The River	(772) 388-5858
Florida Baptist Retirement Center	(772) 567-5248
Gardenia Gardens	(772) 794-0414
Orange Blossom Village	(772) 770-4581
Palm Gardens of Vero Beach	(772) 567-2443
Saint Francis Manor Apts.	(772) 562-8575
Sunset Apts.	(772) 770-3014
TC Homeless Services Resource Ctr	(772) 567-7790

## INSURANCE

Agency for Health Care Administration	(800) 226-5082
DCF Access Florida (Medicaid)	(866) 762-2237
Medicare	(800) 633-4227
SHINE- help with Medicare concerns	(866) 684-5885

## LEGAL SERVICES

19th Judicial Court of Florida	(772) 770-5185
Florida Rural Legal Services	(772) 466-4766
Florida Senior Legal Helpline	(888) 895-7873
IRC Courthouse Public Defender	(772) 770-5080
IRC Law Library	(772) 770-5060

**LIBRARIES-** IRC System's Main # (772) 770-5060

**MEDICAL SUPPLIES/EQUIPMENT** 2-1-1

**PET FOOD/SUPPLIES/HELP-low income Srs.** (772) 539-2417

Humane Society of Vero Beach & IRC (772) 388-3331

## SUBSTANCE ABUSE- Treatment & Support

AA Indian River County	(772) 562-1114
Legacy Behavioral Health	(772) 257-5264
New Horizons of the Treasure Coast	(772) 778-7217
Smoking & Tobacco- Quit For Life!	(877) 822-6669
Substance Awareness Center	(772) 770-4811
UF Center for Psychiatry & Addiction	(772) 794-0179

**SOCIAL SECURITY ADMINISTRATION** (866) 964-7414

## 211'S SUNSHINE CALL

"Hello"& to check on your wellbeing- free daily call 2-1-1

## SUPPORT GROUPS

Alzheimer's & Parkinson's Association	(772) 563-0505
American Cancer Society	(772) 562-2272
Mental Health Association	(772) 569-9788
St. Helen's Outreach Office	(772) 567-5193
Suicide Griever's Support Group	(419) 651-5401
VNA-Visiting Nurses Association/Hospice	(772) 567-5551

## THRIFT STORES

Goodwill (Sebastian)	(772) 228-9222
Goodwill (Vero Beach)	(772) 770-3330
Salvation Army	(772) 978-0265
St. Vincent DePaul (Vero Beach)	(772) 567-6774
St. Vincent DePaul (Wabasso)	(772) 589-3338

## TRANSPORTATION

Care-A-Van (Sebastian River Med Center)	(772) 581-2010
Community Coach	(772) 569-0903
Go-Line	(772) 569-0903
Volunteer Ambulance Squad	(772) 231-1230

## VETERANS/CRISISLINE 1- (800) 273-TALK (8255)

Funeral/Burial Benefits-Dept. of Veteran Affairs	(800) 827-1000
IRC Veterans Services (Sebastian)	(772) 589-6597
IRC Veterans Services (Vero Beach)	(772) 226-1499
VA Medical Center- West Palm Beach	(800) 972-8262
VA Outpatient Clinic (Vero Beach)	(772) 299-4623
Veterans Coalition of IRC-programs & more	(772) 410-5820
Veteran Transportation	(772) 226-1695
Women Veterans Clinic & Health Programs	(561) 422-1236
Wounded Warrior Resource Center	(888) 997-2586

## VOTER REGISTRATION

IRC Supervisor of Elections (772) 226-3440



This is a partial listing of frequently requested information maintained by 211 HelpLine. The info contained is the most current available as of August 2018. Inclusion does not imply endorsement, nor does omission imply a lack of endorsement by 211. For more info dial 2-1-1 or (866) 882-2991. Visit [www.211treasurecoast.org](http://www.211treasurecoast.org) to Chat Online- or to Text: text your zip code to 898211.